

# Children's Literature, Mental Health & Well Being

## A BOOKLIST (1/2)

### DUCKBILL/PRH

**Lies We Tell** (Young Adult)  
**Simply Nanju** (Middle Grade)  
**Talking of Muskaan** (Young Adult)  
**Unbroken** (Young Adult)

### EKLAVYA

**Andhere Ka Bhoot** (8+)  
**Borewala** (8+)  
**Chutki Aur Cheero** (6+)  
**Kimia** (8+)  
**Kittoo Udan Choo** (8+)  
**Manya Ki Dahaad** (Young Adult)  
**Meri Zoya Chali Gayi** (8+)  
**Mujhe Koi Nahi Khilata** (5-8)  
**Nilofar Ki Muskaan** (8+)  
**Pyari Madam** (8+)

### EKTARA/JUGNOO PRAKASHAN

**Kya Tum Meri Dadi Ho?** (4+)  
**Robby** (4+)  
**Titahari ka Bachcha** (10+)

### HARPERCOLLINS CHILDREN'S BOOKS

**The Secret Life of Debbie G** (Young Adult)

### KALPAVRIKSH

**The Miracle on Sunderbaag street** (6+)

### KATHA

**Homebound** (8+)  
**Homecoming** (8+)  
**Homeland** (8+)  
**The Little Girl Who Didn't Want To Grow Up** (8+)

### PENGUIN/PRHI

**Inside a Dark Box** (Young Adult)

### PICKLE YOLK BOOKS

**Boo! When My Sister Died** (6+)  
**The Manic Panic** (4+)  
**The Middle** (7+)  
**The Unboy Boy** (5+)

# Children's Literature, Mental Health & Well Being

## A BOOKLIST (2/2)

### PRATHAM BOOKS

**Ammu and the Sparrows** (9+)

**Who Stole Bhaiya's Smile?** 12+

### PUFFIN/PRHI

**Darkless** (5+)

**The Ammachi Puchi** (6+)

### SCHOLASTIC INDIA

**C is for Cat. D is for Depression.** (Young Adult)

**Get Well Soon, Mamma** (6-8)

**Hope: Stories for a Healthy Mind** (6-8)

**Nadya** (Young Adult)

**No Touch** (8+)

**The Great Storyteller** (6-8)

### TALKING CUB

**Earthquake Boy** (Young Adult)

### TULIKA PUBLISHERS

**Ari** (5+)

**Catch That Cat** (6+)

**Clumsy!** (5+)

**Gone Grandmother** (6+)

**Guthli Has Wings** (6+)

**I will save my land** (10+)

**Red** (6+)

**Sorry best friend** (5+)

**The Boy with Two Grandfathers** (10+)

**What Makes Me ME** (3+)

**Why Are You Afraid to Hold My Hand** (6+)

**Wings to fly** (6+)